



Churches In One Accord Headquarters
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Consecration 21 Days of Prayer and Fasting

(Preparation for 2010 "Reclaiming Kingdom Worship")

Personal Aim: "Reclaiming Kingdom Worship" Matthew 8:1-4; John 4:1-26

Corporate Aim: "Pray for the Kingdom of God to Come" Matthew 6:10; Matthew 24:14

Stages of Development in the Kingdom

"Lordship" Phil 2:9-11

"Citizenship" Phil 3:20-21

"Ambassadorship" 2 Cor. 5:20

Write a personal prayer concerning these items.

Affirmation: I believe that love is the fulfillment of the law. *Owe no one anything except to love one another, for he who loves another has fulfilled the law.* **Romans 13:8** (See also, John 15:10-13)

Vow: God being my strength, and grace being my basis, I commit myself to praying and fasting in preparation for 2010 "Reclaiming Kingdom Worship."

Sacrifice: I will abstain from all those foods that are not permitted (such as meat, poultry, fish, starches, and sweets of all kinds), sex, television and videotapes for entertainment, video and computer games, theater, gossip, busybody, shopping, etc.

Type of Fast: **(Choose one of the following:)**

1. **The Normal Fast** is going without food, but permits liquids.
2. **The Daniel Fast** allows vegetables and water for the entire period of the fast
Please see page 10 for a list of recommended foods and drinks

Beginning: Date and time fast starts: **November 30, 2009, 12:01 am**

End: Date and time fast ends: **December 20, 2009, Sunday Service**

Personal I am fasting to break the mental and or emotional habit of: *(fill in blanks)*

Prayer Items-

Things to pray for during the Consecration

1. Prayer Ministry

The essence of this ministry is to cover leadership in the Church and its vision and mission and goals. These are the target areas of prayer:

- a. unity amongst the five-fold ministry gifts
- b. oneness between husbands and wives
- c. protection of their children
- d. increase in their financial resources
- e. that their personal relationships with the Lord intensify

2. Church Administration

The essence of this prayer is to cover the support staff/volunteers of the Church. Our aim is to pray that the ministry of helps devote themselves to moving the vision of the Church forward in the following areas:

- a. Pray for more Church resources, including that of human, financial, and material
- b. Pray that elders, ministers, deacons, and lay leaders would walk in unity and agreement in order to strengthen covenant relationships
 - with God
 - with our families (spouses, children)
 - with our bosses and coworkers
 - with our Church leadership and fellow believers
- c. Pray that the membership would impact the mission when it comes to
 - soul winning into the Body of Christ
 - baptisms, both by water and the Spirit
 - increase the membership of the local Church
 - ministry service and fellowship
 - increase in the Church budget thru tithes and offerings (and miracle money)
 - loving, caring, and sharing with others
 - obedience to leadership

3. Church Service (Sunday and Mid-Week)

The essence of this prayer is for the Lord's will to be accomplished in the local Church worship services through:

- a. yielded men and women of God who preach and the Gospel of the Kingdom

- b. allowing the Holy Spirit to have free will in each Church Service
- c. the demonstration of signs and wonders, healings, and workings of miracles
- d. people who come prepared to give to the Lord and receive of the Lord

4. Church Outreach and Evangelism

The essence of this prayer is for community impact through effective and well planned outreach efforts in the form of:

- a. bus/van ministries designed to pick up potential Churchgoers
- b. picnics and recreational events designed for reaching newcomers
- c. Church revivals and ministry conferences
- d. daycare and evening care educational programs for children
- e. food and clothing giveaways and community financial assistant programs
- f. life skills programs geared to meeting the psycho-social needs of families

5. Churches In One Accord

The essence of this prayer is for the alliance churches to continually make intercession for the leadership of CIOA and the sister churches in the following areas:

- a. local Church unity as well as unity among five fold leaders in the body of Christ
- b. for leaders and churches to catch and support the vision of Churches In One Accord and pray for the alliance membership to increase
- c. pray that national and international regions are open to receive CIOA
- d. pray for the New Orleans' Headquarters of CIOA and the church plant

6. Building Facility

That all CIOA ministries and churches would be able to meet the needs of their facilities' as well as the new building under construction or to be constructed.

- a. Pray that all mortgages on the facility are paid on time or before due dates
- b. Pray that our fundraising efforts, including free will offerings and financial giving are adequate for meeting the operational needs of the building

facility.

- c. Pray that our facility would be paid in full and the deeds become clear of debt/liens by the end of 2010

Guidelines for the Consecration

(Pages 7-9E were taken from *Fasting for Spiritual Breakthrough* by Elmer L. Towns.)

A. Character development in our lives.

Steps in the process of developing character, demonstrating how to make and break habits:

1. Changed Thinking Leads to Changed Beliefs.
 - a. Think differently about your habit and you will develop a deep belief about what to do.
 - b. Four steps to Biblical belief.
 - 1). I hope.
 - 2). I plan.
 - 3). I am confident.
 - 4). I know.
2. Changed Beliefs Lead to Changed Expectations.
 - a. Your expectations or vision must come from God's Word.
 - b. God's vision for your life can be grasped as you take these four steps:
 - 1). Look *within* yourself to determine how God has enabled and gifted you.
 - 2). Look *back* to see how God has used past events to shape you and prepare you for something greater.
 - 3). Look *around* yourself to identify others you admire.
 - 4). Look *ahead* to determine what kind of life you want to live for God in the future.
3. Changed Expectations Lead to Changed Attitudes.
 - a. As you consistently apply attitudes, you develop habits that form your character.
 - b. Four steps are involved in developing new attitudes.
 - 1). Identify the problem you wish to address.
 - 2). Identify the right thinking that will lead to changing an emotional habit.
 - 3). Begin relating to positive people.
 - 4). Develop a plan that will encourage positive attitudes.
4. Changed Attitudes Lead to Changed Actions.
 - a. Actions are "anything done or performed".
 - b. Actions may be wrong, ignorant, positive, lucky, planned or unplanned.
 - c. Our actions are the fruit by which others determine the kind of people we are.
5. Changed Actions Lead to Changed Habits,
 - a. Actions done repeatedly become habits.
 - b. A habit or accomplishment is the complete satisfactory outcome of an action.
 - c. The goal of the Scriptures is "that the man of God may be complete, thoroughly equipped for every good work" (2 Timothy 3:17).
6. Changed Habits Lead to Character Transformation.
 - a. Your character is the result of the pattern of your activities.
 - b. Good habits develop good character.
 - c. Bad habits develop bad character.

7. Conclusion: Character is a Process.
 - a. Life is a process throughout which we develop character.
 - 1). First, we think about it.
 - 2). Then we know it.
 - 3). After that we dream it.
 - 4). Next we begin to focus on it.
 - 5). Our action leads to accomplishing it.
 - b. Ultimately, we become it.

B. Lessons from Elijah's Response.

1. Defeat Often Follows Victory.
2. God Knows the Heart and Its Habits.
3. We Can Get Depressed Doing God's Work.
4. Past Victory May Not Break Bad Habits.

C. Lessons from Daniel's Response.

1. Seek the mind of God.
2. Realize that God hears and responds to you.
3. Realize that the enemy is there to block your blessing.
4. Learn to utilize God's ministering angels. Call upon them and allow them to do warfare on your behalf.

D. Prescription for the Fast. (Keep a daily journal both personal and corporate)

1. *Step 1: Prepare Physically and Emotionally.*
 - a. Vow to God that you will fast.
 - b. Prepare for the fast.
 - c. Fulfill your resolution.
2. *Step 2: Recognize Your Limitations.*
 - a. Admit that you cannot break your habit alone.
 - b. Let others help you defeat your habit.
3. *Step 3: Go Where You Can Meet God.*
 - a. Sometimes it's necessary to celebrate the fast away from home.
 - b. Actually revisit the place of past spiritual victories.
 - c. Revisit the place symbolically in your memory.
4. *Step 4: Fast to Hear the Word of the Lord. (Faithfully keep a journal.)*
 - a. Study to know what the Bible says, not what you think it says.
 - b. Depressed people need to receive a positive external influence from outside their thinking.
5. *Step 5: Let the Word Reveal Your Weakness.*
 - a. When we read the Word of God, we begin to question where we are spiritually.
 - b. Only when we question our habitual thought patterns can the bondage of mental habits be broken.
 - c. During the fast, use Scripture as a mirror to show you your weaknesses -where you are emotionally and spiritually.
6. *Step 6: Confess and Agree with God About Your Weakness.*
 - a. When we are filled with self-justification, we cannot confess our needs.
 - b. Don't cover your need with the claim to be defending God - He can defend Himself.

7. *Step 7: Look for Quiet, Inner Meaning.*
 - a. Habits are broken not by external forces, but from within.
 - b. Our strength comes from within as we build up the inner person.
 - c. Look within the Word of God, and listen with your own inner ear to hear what God is saying to you.
8. *Step 8: Look for the Positive Through God's Eyes.*
 - a. As long as we focus on our problems, we exercise faith in our problems.
 - b. God wants us to focus on His power so we can have more faith in His power than in our problems.
9. *Step 9: Plan Positive Actions.*
 - a. The way to break a bad habit is to acquire a stronger positive habit.
 - b. It is good to develop the ability to see ourselves as we really are, but more importantly, to develop the ability to see ourselves as we want to be.
10. *Step 10: See Potential Results*
 - a. People break bad habits when they have goals that are stronger than the attractions of their bad habits.
 - b. When we understand our importance in God's plan, we can leave our despondency behind.

E. Principles to Remember

1. Focus on the Biblical principles of strength developed by withdrawing to "a place of rest," as Elijah did during fasting and prayer.
 2. Bring your Bible and other study tools.
 3. Fast and pray for God to give you a positive self-image mirroring Biblical character.
 4. Fast and pray for the positive actions God would have you do.
 5. Develop a list of prayer requests for times of fasting.
- . Biblical reading throughout the fast.
1. Genesis 1:26
 2. Matthew 3:2; 4:17; 4:23; Mark 1:14-15
 3. Matthew Chapter 5 – Chapter 7
 4. Matthew 6:10
 5. Matthew 6:33; Luke 12:31-32
 6. Matthew 7:21
 7. Matthew 10:5-7
 8. Matthew 10:23-28
 9. Matthew 11:11-12
 10. Matthew 16:19
 11. Matthew Chapter 13
 12. Matthew 18:3
 13. Matthew 19:23-26; Mark 10:23-27
 14. Matthew 21:43
 15. Matthew 23:13
 16. Matthew 24:14
 17. Matthew 25 14-30
 18. Mark Chapter 4:1-33
 19. Luke 10:9
 20. Luke 16:16

21. John 3:3-7
22. Acts 1:2-3; 1:6; 8:12; 14:22; 19:8; 20:25
23. Roman 14:17
24. Galatians 5:19-24
25. Daniel 10: 1-14 – for dealing with the concept of fasting
26. Isaiah 58:1-5 - for dealing with understanding prayer and fasting.
27. Book of Romans - for dealing with the sin nature.
28. Book of John - for dealing with the nature of Jesus Christ.
29. Book of Hebrews - for dealing with the sacrifice of Jesus Christ.

Recommended reading by noted Authors:

- Reclaiming the Kingdom, by Myles Munroe
- Out of Dry Places, by Burnell T. Williams
- Teaching on the Kingdom of God, by Burnell T. Williams
- Prayer that Brings Revival, by David Yonggi Cho

Recommended Foods for Consecration:

For individuals partaking in the Normal Fast:

- Water
- Naturally pure vegetable juices

For individuals partaking in the Daniel Fast:

- Water / Natural Juicing
- Raw or Steamed Vegetables (carrots, celery, spinach, etc)
- Ensure or other meal replacement supplements for medical needs

Things to avoid:

- Acidic drinks such as orange juice, tomato juice, etc.
- Drinks high in sodium
- All sugar
- Sodas
- Fruit Juices
- Coffee
- Chocolate